



DECEMBER 2023

K-8 Lunch & Breakfast Menu

Breakfast



An assortment of site-based favorites are offered daily, including cereal, oatmeal chocolate chip bars, plus our monthly feature.

December Feature:

- Breakfast Sandwich - English Muffin with Sausage, Egg & Cheese
- Stuffed Hashbrowns



Meals also include fruit, juice & milk



Local fat-free and 1% white or non-fat chocolate milk available daily

Additional Entree Choices

Monthly Entree Choice

Cheese Pinwheel

Grab & Go:

- Elementary: Hummus, String Cheese & Crackers
- Middle Schools: Spicy Chicken Salad & Dinner Roll

CHOW OPTIONS Grades 7 & 8 only

- 11/27: Meatball Sub
- 12/04: Cheeseburger
- 12/11: Italian Sub

Fresh Sides

Fresh baby carrots and garden side salads are offered daily in addition to the featured daily vegetable.

Monday

MEAL PRICES

Breakfast:
\$1.50 paid, \$.00 reduced

Lunch:
\$2.95 paid, \$.00 reduced

Tuesday



Elves in the Cafeteria!

We hear they will be back the week of December 4th. Be sure to join us for breakfast and lunch to see what surprises and mischief they may bring. Eat lunch on Friday, December 8th for a chance to win!

Wednesday

Thursday

Friday

1 Chicken Sandwich,
Crispy OR Spicy
Ranch Mashed
Potatoes
Assorted Fresh Fruit



8 Cheeseburger
Carrot Sticks & Red
Pepper Strips in
Ranch Dip
Assorted Fresh Fruit
Mini Rice Krispie Treat

Half Day

15 BBQ Chicken Jerky
Sunflower Seeds
Cheese Crackers
Raisins
Veggie Juice

4 Chicken Nuggets
& Winter Grahams
Potato Smiles
Chilled Pears

11 Breakfast for Lunch
Blueberry Waffle
& Sausage Links
Baked Beans
Diced Pineapple

5 **Holiday Fiesta**
Green Chili Cheese
Tamale & Cheese Stick
Refried Beans
Jolly Frozen Fruit Cup
**Fresh Baked Chocolate
Candy Cookie**

12 Beef Soft Tacos
Street Corn
Peach Applesauce
**Fresh Baked
Snickerdoodle**

6 Pizzeria Style
Cheese Pizza
Tossed Romaine
Salad
Fresh Apple Slices

13 Pizzeria Style
Pepperoni Pizza
Tossed Romaine
Salad
Assorted Fresh Fruit

7 Orange Chicken
Brown Rice
Steamed California
Blend Vegetables
Fresh Orange Wedges

14 Macaroni & Cheese
& Chocolate Grahams
Roasted Cauliflower
Cherry Gel Cup

Closed for Winter Break: December 18 - January 2

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<https://careers.dvUSD.org/>

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 New  Pork  Vegetarian

Digital Menu Benefits

- Language translation
- Nutrient data for menu items
- Ingredient information
- Allergen identification
- Filter by preferences
- On the web:
 - www.myschoolmenus.com/
- Mobile App:
 - App Store
 - Google Play



Holiday Fiesta

The holiday season for many Latin Americans would not be complete without Tamales. Tamales originated in Mesoamerica as early as 8000 to 5000 BC. The preparation of tamales is likely to have spread from the indigenous cultures in Guatemala and Mexico to the rest of Latin America. Tamales consist of a mixture of corn dough and various fillings, wrapped in a banana leaf or corn husk and steamed. Enjoy on December 5..

